

Shiro Bara Ju Jitsu

Kubotan Tuite Waza Chart

Prepared by Neil Froggatt July 2003

Chart Ref	Name/Reference	Suitable Attacks
01	GB-21, Shoulder well	A & C
02	Lymph gland	A
03	GB-24	A
04	LV-13, Floating rib	A
05	SP-12, Groin crease	A
06	CO-22, Sternal notch	A
07	Rib joint	A & C
08	CO-17, Sternum	A & C
09	CO-15, Solar Plexus	A & C
10	Lower Stomach and Bladder	A
11	Orbital Socket and eye ball	A & C
12	M-HN-9, Temple	A & C
13	GB-9, Side of cranium	A, B & C
14	TW-17, Ear	A & C
15	GB-20, Medulla	A, B, C & D
16	Top of shoulder muscle	A & C
17	ST-12, Clavicle cavity	A
18	M-HN-4, Nasal bone	A, B, C & D
19	Mandible	B
20	Carotid cavity	A
21	CO-22, Oesophagus	A & C
22	CO-22, Sternal notch	A
23	SP-12, Groin crease	A
24	CO-1, Testicles	A & C
25	SP-11, Femoral nerve & Thigh	A & C
26	ST-34, Lower thigh	A & C
27	Knee cap	A, B, C & D
28	KI-8, Inside ankle bone	A, B, C & D
29	GB-41, Beckham	A & C
30	N-UE-9, Middle of mass	A & C
31	HT-2, bone and muscle split	A
32	LU-9, Outer wrist	A, B, C & D
33	HT-7, Inner wrist	A, B, C & D

Attack Ref	Attack Description
A	Striking with either end of the kubotan
B	Striking with the bar of the kubotan
C	Lashing strike with the kubotan flailing the attached keys
D	Bar press with the body of the Kubotan

